



### Trigger Point Workshop:

Trigger Point is designed to enhance and refine your palpation skills. Revise location and treat trigger points in the skeletal muscles and in the muscle's fascia. Trigger point can be easily incorporated into your treatments, especially your neck, shoulder and lower back techniques. Trigger points are manually located through palpation. You will gain an understanding of predictable pain patterns and the role of latent trigger points in pain and muscular dysfunction as well as to detect the perpetuating factors which activate trigger points causing pain.

Facilitator: Chris Beazley/Remedial Massage Practitioner (visit [www.massageschool.com.au](http://www.massageschool.com.au), FACULTY)

Dates/CPE Pts	Location	Events 9-5pm unless stated - 1 ATMS CPE pt per hr	*2 Prac Early Bird	*EARLY BIRD	FULL FEE
23,24,25/11/19 - 21hrs	Charmhaven	Trigger Point Therapy	\$898	\$498	\$648

Book online or call 02 4393 1200/ complete enrolment form and return  
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