



'Holistic Pulsing' Integration:

Holistic Pulsing is an effective gentle therapy that connects to the fluids and nervous system of the body. Holistic Pulsing is based on the principle of rhythm. Through the gentle and persistent rocking of the body it may release trauma, pain and stiffness. It also helps disperse congestion and oedema. While rocking, stretching is applied which assists to lengthen and elongate the body, restoring balance and a feeling of openness. The process supports the bodies ability to renew. Topics reviewed in this workshop include, principles and essentials of Holistic Pulsing, how Holistic Pulsing integrates the body, body mind and breath, and how to assess body language during a treatment.

Facilitator: Deb McGinlay/Remedial Massage Practitioner (visit <https://www.massageschool.com.au/our-teachers>)

Dates/CPE Pts	Location	Events 9-5pm unless stated - 1 ATMS CPE pt per hr	*2 Prac EARLY BIRD	*EARLY BIRD	FULL FEE
28,29/3/20 - 14hrs	Charmhaven	'Holistic Pulsing' Integration	\$746	\$398	\$498

Book online or call 02 4393 1200/ complete enrolment form and return
School of Integrated Body Therapy - 1 Callaghan Close, Charmhaven 2263 NSW
Ph: 02 4393 1200 Fax: 02 4393 3333
admin@massageschool.com.au
www.massageschool.com.au