

## Reflexology 1:

Reflexology is a tool to add to your clients treatment. It is deeply relaxing and may assist reduce stress promoting health, well being and balance. You will master basic reflexology techniques/routines, and learn to observe the feet and identify pathology and abnormal musculo-skeletal conditions. Gain an understanding of reflexology charts and zone systems and how the body and it's systems are reflected in the feet and in the hands.

Facilitator: Wendy Sawley/Remedial Massage Practitioner (visit <a href="https://www.massageschool.com.au/our-teachers">https://www.massageschool.com.au/our-teachers</a>)

Times: Sun/Mon 9.00am-5pm

Dates/CPE Pts	Location	Events - 1 ATMS CPE pt per hr	*2 PRAC EARLY BIRD	*EARLY BIRD	FULL FEE
24,25/5/20 - 14hrs	Crows Nest	Reflexology 1	\$746	\$398	\$498

Book online or call 02 4393 1200/ complete enrolment form and return School of Integrated Body Therapy - 1 Callaghan Close, Charmhaven 2263 NSW

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